

Environmentalism

Take a look inside before cleaning outside



Change Your Mind

Be selfish and fix yourself first

People have become fanatical about global warming and environmental issues today. How the actions of humanity influence and destroy the environment; most people refuse to look at the real environmental issues that are plaguing humanity. The issue of internal environmental toxicity. Our population is more poisoned today than at any other point in human history. If we don't address this issue our external environment doesn't matter. We won't be alive or healthy enough to function within this beautiful ecosphere.

Governments, advocates, the media and consumers love to talk about issues and the problems we are facing with environmental toxins especially when they lead to "global warming." The topic of solutions is fleeting. Let's change the approach. With creation of fear in a human two responses become possible fight or flight. So let's actually fight what is killing us instead of becoming sicker and sicker with less energy, more fat and increased mental illness and chronic diseases.

If your body is poisoned with heavy metals and environmental toxins, ***which it is***, any work you do to help the global environment is really wasted. You won't be able to fully enjoy what you are working to preserve due to the damage of the toxins and chemicals destroying your ability to function. Take mercury for example, the worst neurotoxin known to man and the second most deadly chemical known. A toxin that every person alive has excessive levels of, most are people may be "sub-clinical" but have symptomology which they don't correlate to the cause. What are symptoms of mercury toxicity? Just about every issue humans deal with today that is not a true genetic disorder like Sickle Cell trait or Down's Syndrome. Don't believe me? Google it!

Mercury is proven to damage no less than 8 systems of the body:

Endocrine Immune Cardiovascular Neurological
Respiratory Reproductive Psychological Central Nervous

It is great there are only 8 major systems primarily affected and damaged by mercury. The major problem is there really are no other systems to disrupt or damage. And to think that even today the Environmental Working Group finds over 287 known toxins in the cord blood of infants; over 180 of those toxins are known carcinogens (THEY CAUSE CANCER) and over 200 are known neurotoxins. What do you think our problem is?

We know what our issues are. We know where they are. Now we know how to get them out.

Become a true environmentalist and clean yourself up before focusing on the rest of the world.